

# YFCY 2010: THE FIRST YEAR IS A BIG DEAL



University of California  
San Diego

About 4% of first-year UCSD students leave college before their sophomore year. Knowing the experiences of your students and the impact of first-year programs is key to creating positive change.

Sources: 2010 Your First College Year Survey & 2009 CIRP Freshman Survey

## UNDERSTANDING EXPECTATIONS IS IMPORTANT.



62.5% of students thought they might switch majors

35.3% actually did



96.6% of students thought they would probably socialize with someone from another racial/ethnic group

94.4% actually did

31.6% of students felt the admissions or recruitment materials didn't accurately portray campus

Only 44.4% were satisfied with the relevance of coursework to everyday life

22.5% of students sought personal counseling

COLLEGE CAN BE DEMANDING. ACADEMICS ARE ONE SOURCE OF STUDENT STRESS.

50.2% of students had difficulty adjusting to the academic demands of college

52.0% of students had a hard time developing effective study skills

63.3% of students struggled with effective time management

45.6% of students witnessed academic dishonesty or cheating

## ANOTHER IMPORTANT ASPECT FOR STUDENTS IS ADJUSTING.

72.8% felt a sense of belonging on campus

51.2% had difficulty getting along with their roommate

67.0% felt lonely or homesick

46.3% frequently felt overwhelmed by all they had to do

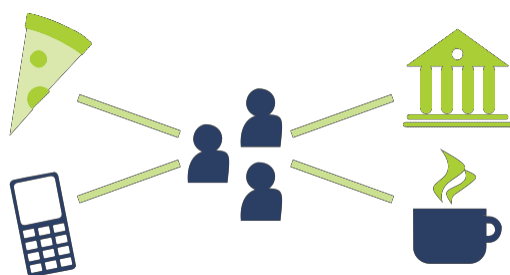
52.3% of students worried about their health

21.7% of students frequently felt isolated from campus life

## BEING INVOLVED IN COURSEWORK IS KEY.

## BUT...

37.9% frequently discussed course content with other students outside of class



44.3% frequently felt bored in class



52.3% had fallen asleep in class



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