

YFCY 2014: THE FIRST YEAR IS A BIG DEAL



University of California
San Diego

About 6% of first-year UCSD students leave college before their sophomore year. Knowing the experiences of your students and the impact of first-year programs is key to creating positive change.

Sources: 2014 Your First College Year Survey & 2013 CIRP Freshman Survey

UNDERSTANDING EXPECTATIONS IS IMPORTANT.



57.2% of students thought they might switch majors
33.6% actually did



95.4% of students thought they would probably socialize with someone from another racial/ethnic group
92.8% actually did

30.4% of students felt the admissions or recruitment materials didn't accurately portray campus

Only **41.6%** were satisfied with the relevance of coursework to everyday life

23.0% of students sought personal counseling

COLLEGE CAN BE DEMANDING. ACADEMICS ARE ONE SOURCE OF STUDENT STRESS.

52.2% of students had difficulty adjusting to the academic demands of college

50.7% of students had a hard time developing effective study skills

61.5% of students struggled with effective time management

39.9% of students witnessed academic dishonesty or cheating

ANOTHER IMPORTANT ASPECT FOR STUDENTS IS ADJUSTING.

67.3% felt a sense of belonging on campus

49.7% had difficulty getting along with their roommate

70.6% felt lonely or homesick

41.8% frequently felt overwhelmed by all they had to do

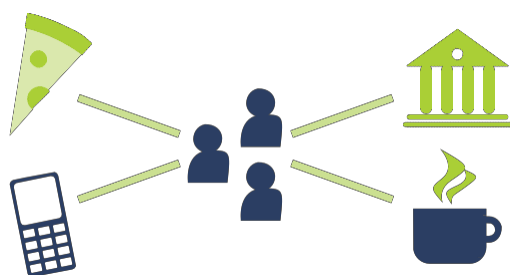
56.3% of students worried about their health

21.4% of students frequently felt isolated from campus life

BEING INVOLVED IN COURSEWORK IS KEY.

BUT...

40.5% frequently discussed course content with other students outside of class



40.8% frequently felt bored in class



43.9% had fallen asleep in class



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