There is no doubt that college is a valuable experience!

2016 Your First College Year Survey (YFCY)

UC San Diego - All Student Responses

86% Most students feel that their first year of college exposed them to diverse opinions, cultures and values.

Many feel their coursework was relevant to everyday life 41%

Students strongly agree that their college has contributed to their:

- 22% Critical thinking skills
- 20% Knowledge of people from different races/cultures
- 16% Ability to work as part of a team

Classroom experiences have lasting effects...

- 50% Are satisfied with the relevance of coursework to their future career plans
- 38% Frequently felt courses inspired them to think in new ways
- 13% Performed community service as part of a class
- 41% Were frequently bored in class
- 82% Texted or used social media during class

But college isn't all about the classroom. For at least 3 hours a week...

- 32% Were active in student clubs/groups.
- 16% Partied.
- 43% Exercised or played sports.

Of course, financial aid is always a concern.

- 21% Of students have major concerns about paying for college
- 41% Felt their jobs interfered with schoolwork.
- 40% Took advantage of financial aid advising.
- 42% Took out loans for education expenses.

Balance is key...

- 45% Are satisfied with their social lives.
- 63% Successfully balance academics and extracurriculars.
- 25% Frequently maintain a healthy diet.
- 70% Turned to other students for advice or counseling.
- 46% Frequently felt support from their family to succeed.
- 23% Utilized student psychological services.

...and so are support networks.