University of California-San Diego
Your First College Year Survey
2019 Results

First-time, Full-time Freshmen
University of California-San Diego
N=915

Public Universities & Private Universities
N=1,916

Higher Education Research Institute, University of California at Los Angeles
Results from the Your First College Year Survey (YFCY) offer a window into the first-year experience, providing important information on your students’:

- Adjustment to college
- Academic outcomes and experiences
- Co-curricular experiences
- Satisfaction
- Overall growth
Demographics
  Gender Identity and Sexual Orientation
  Race/Ethnicity and Housing Type
  Financing College

Adjustment to College
  Academic Adjustment
  Sense of Belonging
  Navigational Action
  Health and Wellness

Academic Outcomes and Experiences
  Academic Self-Concept
  Habits of Mind
  Academic Disengagement
  Faculty Interaction
  General Interpersonal Validation
  Academic Enhancement Experiences

Co-Curricular Experiences
  Social Agency
  Civic Engagement
  Civic Awareness
  Pluralistic Orientation

Diversity and Campus Climate
  Positive Cross-Racial Interaction
  Negative Cross-Racial Interaction
  Campus Climate and Diversity
  Satisfaction with Campus Diversity

Satisfaction
  Satisfaction with Coursework
  Satisfaction with Academic Support and Courses
  Satisfaction with Services and Community
  Overall Satisfaction
A Note about CIRP Constructs

We use the CIRP Constructs throughout this PowerPoint to help summarize important information about your students from the YFCY.

Constructs

Constructs statistically aggregate the results from CIRP questions that tap into key aspects of the college experience. They focus on student traits and institutional practices contributing to students’ academic and social development.

Longitudinal Constructs

Constructs that are included in the CIRP TFS and YFCY that measure change in your student population over time.
Demographics

Gender Identity

- Man/Trans man: 34.7%
- Woman/Trans woman: 62.1%
- Gender queer / Gender non-conforming: 1.1%
- Identity not listed above: 2.1%

Sexual Orientation

- Heterosexual: 83.5%
- Gay: 1.8%
- Lesbian: 0.7%
- Bisexual: 10.9%
- Queer: 1.0%
- Pansexual: 1.1%
- Asexual: 1.1%
- Not Listed Above: 0.0%
Financing College

The percentage of students with at least some funds from these various sources.

Do you have any concern about your ability to finance your college education?

- Aid to be repaid: 36.8% (Your Institution), 43.0% (Comparison Group)
- Aid not to be repaid: 64.4% (Your Institution), 75.6% (Comparison Group)
- Personal resources: 43.0% (Your Institution), 51.1% (Comparison Group)
- Family resources: 84.9% (Your Institution), 86.3% (Comparison Group)

Percent indicating "Major" concerns:

- Your Institution: 19.1%
- Comparison Group: 18.5%
Adjustment to College

Students’ ability to adjust academically and socially plays a large role in student success, retention, and satisfaction.
**Academic Adjustment**

*Academic Adjustment* measures the ease with which students adjust to the academic demands of college.

<table>
<thead>
<tr>
<th></th>
<th>Your Institution</th>
<th>Comparison Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>All FTFT</td>
<td>45.8</td>
<td>48.6</td>
</tr>
<tr>
<td>Men</td>
<td>47.2</td>
<td>49.8</td>
</tr>
<tr>
<td>Women</td>
<td>45.3</td>
<td>48.0</td>
</tr>
<tr>
<td>Genderqueer*</td>
<td>40.5</td>
<td>44.4</td>
</tr>
</tbody>
</table>

*Includes genderqueer, gender non-conforming, identity not listed above*

**Construct Items**

- Adjust to the academic demands of college
- Develop effective study skills
- Manage your time effectively
- Understand what your professors expect of you academically
Sense of Belonging

The campus community is a powerful source of influence on students’ development. **Sense of Belonging** measures the extent to which students feel a sense of academic and social integration on campus.

**Construct Items**
- I feel I am a member of this college
- I feel a sense of belonging to this campus
- I see myself as part of the campus community
- If asked, I would recommend this college to others

*Includes genderqueer, gender non-conforming, identity not listed above*
Navigational Action

These items illustrate how often students participated in institutional programs or engaged in activities that would help them successfully traverse the institution.

- Enrolled in a formal program where a group of students takes two or more courses together (e.g., FIG, learning community, linked courses): 6.6% (Your Institution), 13.0% (Comparison Group)
- Taken a course or first-year seminar designed to help students adjust to college: 22.4% (Your Institution), 42.7% (Comparison Group)
- Sought personal counseling: 23.5% (Your Institution), 24.9% (Comparison Group)
Navigational Action

These items illustrate how often students participated in institutional programs or engaged in activities that would help them successfully traverse the institution.

<table>
<thead>
<tr>
<th>Service</th>
<th>Your Institution</th>
<th>Comparison Group</th>
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</thead>
<tbody>
<tr>
<td>Career services</td>
<td>21.6% (Occasionally)</td>
<td>28.7% (Occasionally)</td>
</tr>
<tr>
<td>Student Psychological Services</td>
<td>13.3% (Occasionally)</td>
<td>15.8% (Occasionally)</td>
</tr>
<tr>
<td>Financial aid advising</td>
<td>4.8% (Frequently)</td>
<td>30.9% (Occasionally)</td>
</tr>
<tr>
<td></td>
<td>4.7% (Occasionally)</td>
<td>33.5% (Occasionally)</td>
</tr>
</tbody>
</table>
Health and Wellness

Students’ physical and emotional well-being can affect many important aspects of the student experience including academic performance and persistence. These items gauge student behaviors, attitudes, and experiences related to health and wellness.

- Felt overwhelmed by all you had to do
  - Your Institution: 45.7% Frequently, 51.4% Occasionally
  - Comparison Group: 46.1% Frequently, 50.2% Occasionally

- Felt anxious
  - Your Institution: 48.2% Frequently, 42.3% Occasionally
  - Comparison Group: 48.6% Frequently, 42.4% Occasionally

- Maintained a healthy diet
  - Your Institution: 63.6% Frequently, 18.8% Occasionally
  - Comparison Group: 62.0% Frequently, 23.6% Occasionally

- Had adequate sleep
  - Your Institution: 60.2% Frequently, 19.5% Occasionally
  - Comparison Group: 60.2% Frequently, 16.9% Occasionally
Students develop skills, knowledge, and abilities through their experiences both in and out of the classroom.
**Academic Self-Concept**

*Academic Self-Concept* is a unified measure of students’ beliefs about their abilities and confidence in academic environments.

**Construct Items**

- Self-rated academic ability
- Self-rated mathematical ability
- Self-rated self-confidence (intellectual)
- Self-rated drive to achieve

**Graph**

- **TFS**
  - 49.5
  - 49.7

- **YFCY**
  - 47.2
  - 49.1

**Legend**

- **Your Institution**
- **Comparison Group**
Habits of Mind

_Habits of Mind_ is a unified measure of the behaviors and traits associated with academic success. These learning behaviors are seen as the foundation for lifelong learning.

**Construct Items**

- Support your opinion with logical argument
- Seek solutions to problems and explain them to others
- Seek alternative solutions to a problem
- Evaluate the quality or reliability of information you received
- Ask questions in class
- Take a risk because you felt you had more to gain
- Explore topics on your own, even though it was not required for a class
- Accept mistakes as part of the learning process
- Revise your papers to improve your writing
- Look up scientific research articles and resources
Academic Disengagement measures the extent to which students engage in behaviors that are inconsistent with academic success.

Construct Items
- Been late to class
- Skipped class
- Turned in course assignment(s) late
- Turned in course assignments that did not reflect your best work
- Fell asleep in class

* Includes genderqueer, gender non-conforming, identity not listed above
Faculty Interaction

*Faculty Interaction: Contact and Communication* measures the amount and type of interactions students have with faculty that are appropriate for the first year of college, as well as satisfaction with these issues.

### Construct Items

- Communicated regularly with your professors
- Asked a professor for advice after class
- Amount of contact with faculty
- Faculty during office hours
- Faculty outside of class or office hours

*Includes genderqueer, gender non-conforming, identity not listed above*
General Interpersonal Validation

These items measure the extent to which students believe faculty and staff provide attention to their development.

- At least one faculty member has taken an interest in my development:
  - Your Institution: 40.4% Strongly Agree, 44.9% Agree
  - Comparison Group: 9.6% Strongly Agree, 20.7% Agree

- Faculty empower me to learn here:
  - Your Institution: 63.3% Strongly Agree, 63.7% Agree
  - Comparison Group: 9.0% Strongly Agree, 15.8% Agree

- At least one staff member has taken an interest in my development:
  - Your Institution: 40.9% Strongly Agree, 43.8% Agree
  - Comparison Group: 12.6% Strongly Agree, 23.3% Agree
Academic Enhancement Experiences

Opportunities to apply learning inside and outside the classroom deepen students’ academic involvement, allowing them to make meaningful intellectual connections and communicate their knowledge to others.

2019 Your First College Year Survey

- Accessed your campus' library resources electronically:
  - Your Institution: 63.3% Frequently, 13.0% Occasionally
  - Comparison Group: 59.8% Frequently, 18.0% Occasionally

- Worked with classmates on group projects:
  - Your Institution: 67.2% Frequently, 13.0% Occasionally
  - Comparison Group: 60.2% Frequently, 27.2% Occasionally

- Received tutoring:
  - Your Institution: 43.7% Frequently, 11.4% Occasionally
  - Comparison Group: 38.4% Frequently, 10.7% Occasionally

- Worked with classmates on group projects:
  - Your Institution: 36.6% Frequently, 4.8% Occasionally
  - Comparison Group: 51.2% Frequently, 11.5% Occasionally

- Communicated regularly with your professors:
  - Your Institution: 10.7% Frequently, 38.4% Occasionally
  - Comparison Group: 36.6% Frequently, 4.8% Occasionally
Co-curricular Experiences

Co-curricular experiences provide opportunities for students to grow intellectually, interpersonally, and emotionally.
Social Agency

Activities and beliefs equip and empower students to create a world that is equitable, just, democratic and sustainable. **Social Agency** measures the extent to which students value political and social involvement as a personal goal.

**Construct Items**

- Participating in a community action program
- Helping to promote racial understanding
- Becoming a community leader
- Keeping up to date with political affairs
- Influencing social values
- Helping others who are in difficulty

<table>
<thead>
<tr>
<th></th>
<th>TFS</th>
<th>YFCY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Your Institution</td>
<td>48.7</td>
<td>49.6</td>
</tr>
<tr>
<td>Comparison Group</td>
<td>49.6</td>
<td>50.5</td>
</tr>
</tbody>
</table>
Civic Engagement

Engaged citizens are a critical element in the functioning of our democratic society. Civic Engagement measures the extent to which students are motivated and involved in civic, electoral, and political activities.

Construct Items

- Publicly communicated your opinion about a cause
- I am interested in seeking information about current social and political issues
- Worked on a local, state, or national political campaign
- Demonstrated for a cause (e.g., boycott, rally, protest)
- Keeping up to date with political affairs
- Influencing social values
- Helped raise money for a cause or campaign
- Performed volunteer work

* Includes genderqueer, gender non-conforming, identity not listed above
Civic Awareness

The ability to evaluate, question, and develop solutions affecting their local and global communities is an important skill. Civic Awareness measures students’ understanding of the issues facing their community, nation, and the world.

Construct Items

- Understanding of national issues
- Understanding of global issues
- Understanding of the problems facing my community

* Includes genderqueer, gender non-conforming, identity not listed above
Pluralistic Orientation

*Pluralistic Orientation* measures skills and dispositions appropriate for living and working in a diverse society.

Construct Items

- Tolerance of others with different beliefs
- Ability to work cooperatively with diverse people
- Ability to discuss and negotiate controversial issues
- Openness to having my views challenged
- Ability to see the world from someone else's perspective

<table>
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<tbody>
<tr>
<td>Your Institution</td>
<td>49.3</td>
<td>48.4</td>
</tr>
<tr>
<td>Comparison Group</td>
<td>49.9</td>
<td>49.5</td>
</tr>
</tbody>
</table>
Diversity and Campus Climate

The social and psychological climate on campus can impact students’ ability to benefit from their educational environment and their academic success.
Positive Cross-Racial Interaction

Contact with diverse students allows students to gain valuable insights about themselves and others. *Positive Cross-Racial Interaction* is a unified measure of students’ level of positive interaction with diverse peers.

**Construct Items**

- Had intellectual discussions outside of class
- Shared personal feelings and problems
- Dined or shared a meal
- Had meaningful and honest discussions about race/ethnic relations outside of class
- Studied or prepared for class
- Socialized or partied
- Pursued (by), dated, or otherwise intimately involved

*Includes genderqueer, gender non-conforming, identity not listed above*
Negative Cross-Racial Interaction

Contact with diverse students allows students to gain valuable insights about themselves and others. *Negative Cross-Racial Interaction* is a unified measure of students’ level of negative interaction with diverse peers.

### Construct Items

- Had tense, somewhat hostile interactions
- Felt insulted or threatened because of your race/ethnicity
- Had guarded, cautious interactions
- Felt ignored or invisible because of your race/ethnicity

*Includes genderqueer, gender non-conforming, identity not listed above*
Campus Climate and Diversity

A diverse and inclusive campus environment strengthens students’ learning experience and prepares them to participate in an increasingly diverse society.

![Bar chart showing responses to survey questions related to campus climate and diversity.](chart.png)

- **I see myself as part of the campus community**: Your Institution 8.4% Strongly Agree, 61.8% Agree; Comparison Group 13.6% Strongly Agree, 62.6% Agree
- **There is a lot of racial tension on this campus**: Your Institution 1.8% Strongly Agree, 16.5% Agree; Comparison Group 2.3% Strongly Agree, 14.5% Agree
- **In class, I have heard faculty express stereotypes**: Your Institution 3.1% Strongly Agree, 17.6% Agree; Comparison Group 4.6% Strongly Agree, 18.8% Agree
- **Sexual violence is prevalent on this campus**: Your Institution 1.6% Strongly Agree, 14.9% Agree; Comparison Group 2.8% Strongly Agree, 18.2% Agree

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2019 Your First College Year Survey

**Your Institution**
- Strongly Agree
- Agree

**Comparison Group**
- Strongly Agree
- Agree
Satisfaction with Campus Diversity

A diverse campus – including students, faculty, and ideas – has a powerful impact on the student experience. These items gauge students’ satisfaction with the diversity of faculty, student body, and beliefs.

![Graph showing satisfaction levels]
Understanding how students perceive their college experience identifies areas that are working well and sheds light on those that need improvement.
Satisfaction with Coursework

*Satisfaction with Coursework* measures the extent to which students see their coursework as relevant, useful, and applicable to their academic success and future plans.

Construct Items

- Relevance of coursework to future career plans
- Relevance of coursework to everyday life
- General education or core curriculum courses
- First-year programs (e.g., first-year seminar, learning community, linked courses, common book)

*Includes genderqueer, gender non-conforming, identity not listed above*
Satisfaction with Academic Support and Courses

Gauges use of and satisfaction with campus academic support structures and types of coursework required in general education.

- **Overall quality of instruction**
  - Your Institution: 53.1% Very Satisfied, 45.7% Satisfied
  - Comparison Group: 53.6% Very Satisfied, 44.3% Satisfied

- **Academic advising**
  - Your Institution: 10.4% Very Satisfied, 23.1% Satisfied
  - Comparison Group: 15.3% Very Satisfied, 15.9% Satisfied

- **First-year programs**
  - Your Institution: 13.8% Very Satisfied, 38.7% Satisfied
  - Comparison Group: 50.3% Very Satisfied, 37.3% Satisfied

- **Technology resources**
  - Your Institution: 23.0% Very Satisfied, 15.7% Satisfied
  - Comparison Group: 48.8% Very Satisfied, 13.8% Satisfied
Satisfaction with Services and Community

Where students live, how they are oriented to the campus, and the support they receive during the first year are important determinants of their college experience. These items gauge use of and satisfaction with campus services and general community.

![Bar chart showing satisfaction levels for Availability of campus social activities, Orientation for new students, and Student housing.]

- **Availability of campus social activities**
  - Your Institution: 41.5% (Very Satisfied: 10.4%; Satisfied: 31.1%)
  - Comparison Group: 45.1% (Very Satisfied: 17.0%; Satisfied: 28.1%)

- **Orientation for new students**
  - Your Institution: 32.8% (Very Satisfied: 9.1%; Satisfied: 23.7%)
  - Comparison Group: 36.7% (Very Satisfied: 14.1%; Satisfied: 22.6%)

- **Student housing**
  - Your Institution: 34.6% (Very Satisfied: 5.9%; Satisfied: 28.7%)
  - Comparison Group: 36.4% (Very Satisfied: 11.9%; Satisfied: 24.5%)
Overall Satisfaction

*Overall Satisfaction* is a unified measure of students’ satisfaction with the college experience.

**Construct Items**

- Overall college experience
- If given the choice, would you still choose to enroll at your current (or most) recent college?
- Overall academic experience
- Overall quality of instruction

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For more information about HERI/CIRP Surveys

The Freshman Survey
Your First College Year Survey
Diverse Learning Environments Survey
College Senior Survey
Staff Climate Survey
The Faculty Survey

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